

Midwest Hypnosis Institute

“We Care”

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Curriculum Approved By

International Medical and Dental Hypnotherapy Association
American Board of Hypnotherapy
International Association of Counselors and Therapists
International Hypnosis Federation

Midwest Hypnosis Institute offers comprehensive Certified Hypnotherapy/Hypnosis Training, as well as individual and group hypnotherapy sessions in the Kansas City Metropolitan area. Our excellent instruction will provide you with the knowledge and tools that you need to become a successful professional. After completing the Basic, Intermediate, and Advanced courses, you will be fully prepared and qualified to be a professional Hypnotherapist teaching others to help themselves with stop smoking, pain and stress management, weight loss, painless childbirth, fears, motivation and much more. And as a professional you'll be entitled to professional compensation for your services and you'll enjoy the respect and prestige of being a professional practitioner in a respected field.

Midwest Hypnosis Institute is approved and certified by the International Medical and Dental Hypnotherapy Association, American Board of Hypnotherapy, and the International Association of Counselors and Therapists.

A New Career For You

What you can do to help others who need your help!

So many people want to lose weight, stop smoking, gain self-confidence, and improve their lives. So many people can't. They struggle and struggle with diets. They lose pounds, then put them right back on. They quit smoking dozens of times, and they resolve to quit completely "next week." But, next week comes and they are still smoking. Persons with medical conditions are seeking alternative and complimentary care and Hypnosis is on the leading edge of the New Millennium.

As a Hypnotherapist you can help these people help themselves. You can enjoy the professional satisfaction of seeing your clients improve before your own eyes. You will have made a difference in their lives.

What a career in Hypnotherapy can do for you!

Because you will be a professional-

- You'll be entitled to professional compensation for your services
- You can expect that your earnings will be well above average
- You'll set your own office hours, see as many or as few clients as you want and earn as much as you desire.
- You'll belong to professional association and move in new circles
- You'll enjoy the respect and prestige of being a professional practitioner in a respected field.

What you can do to help yourself and achieve your goals!

- You will learn the art of suggestion and how to use it effectively.
- You will discover how to program your own mind in all areas of your live
- You will improve your ability to communicate with family, friends, co-workers, neighbor and others
- You will gain confidence as you practice with others and see positive results and changes.

Founder & Executive Director

Stephen L. Griffeth, M.S., CHt., Founder and Executive Director of Midwest Hypnosis Institute, has a B.A. from Kansas State University M.S. from Baker University, and Certification in Hypnotherapy from The International Medical and Dental Hypnotherapy Association. He began his studies as a Hypnotherapist in 1972 and has studied with many National and International teachers. After spending most of his career as a chemical engineer with major corporations, Stephen decided to change his direction and dedicate his life to helping others. After losing his inlaws to lung cancer, he felt “called” to help others to become non-smokers, lose weight, pain management, and many other issues.

Today, Stephen has an active practice and teaches others the art and science of Hypnotherapy. It is his passion for teaching that has resulted in the founding Midwest Hypnosis Institute.

Training Director

Diana L. Smith, RN, L.P.C., CHt., received her Nursing from Avila College, Kansas City, Missouri, and her M.A. in guidance and Counseling, University of Missouri, Kansas City, Missouri, in Marriage and Family Therapy. She is an active member of many National and International Associations and brings a wealth of information and experience to enhance and expand the students of Midwest Hypnosis Institute

Diana is an outstanding therapist and teacher and her passion for helping others is unsurpassed. She has been actively working as a therapist and Hypnotherapist in her own practice, as well as, working with physicians.

Course Information

Course Objective

Individuals who complete this intensive training will develop the ability to use hypnosis effectively. This is specifically designed for self-improvement or for those in the Helping Professions; Physicians, Psychologists, Nurses, Social Workers, Holistic Health Practitioners, Clergy, Educators, Sales Persons and Athletes. In addition, this curriculum is suitable for persons desiring to develop a new vocation or are considering a part-time or retirement career.

Eligibility and Entrance Requirements

There are no restrictions on who may attend the training. The training is both for those persons new to the field and for those who wish to refine their skills. Persons over 18 years of age with a high school diploma or equivalent may be admitted.

Course Length

Courses are given on two weekends and for a total of 50 classroom hours and 100 hours of home study for a total of 150 hours. This schedule allows a student to obtain total classroom instruction and complete Directed Independent Study with a period of two weeks, thereby fulfilling requirements for a Diploma. After completion of each course (Basic, Intermediate, and Advanced) training, the student is eligible for active membership as a Certified Hypnotherapist.

Mission Statement

Midwest Hypnosis Institute’s mission is to provide students with the most comprehensive and practical experience based education in Hypnotherapist/Hypnosis. Graduates of Midwest Hypnosis Institute will be prepared to succeed in the field with the highest ethical and professional conduct.

Licensing

There is no formal licensing for Hypnotherapists and each student is encouraged to check with their State for specific requirements to practice as a Hypnotherapist

School Policies

Class Sizes

Class sizes are limited and early registration is encouraged

Attendance

Students must attend all classroom lectures to qualify for a diploma

Grading System

Students will be graded by tests, demonstrations of ability and class participation

Progress Reports

Progress reports are available upon request

Probation

None. The student must achieve a Passing Grade to receive credit

Conduct

Students will be conduct themselves in an ethical and professional manner at all times. No alcohol or illegal drugs will not be tolerated. The school administration maintains the right to dismiss students for violation of proper conducts.

Re-entrance

Students who have been dropped or dismissed may be re-entered by special arrangement with school officials if warranted. No student will be readmitted if found using illegal drugs.

Refund Policy

Available upon request up to 10 days prior to the beginning of the first day of class, less \$50.00. Refund is prorated to 50% of the course cost. If a student terminates after half of the course is completed, the entire contract fee will be owed to Midwest Hypnosis Institute.

Financing

Financing is available, as well as, Visa, Mastercard, and personal checks. If interested in financing, please submit a written request and you will be contacted to discuss the specifics.

Basic Information

Classroom Facilities

Classes will be held in the Kansas City Metropolitan Area. Most classes will be held in Lawrence, Kansas. Each class will be notified of the facility and location.

Instructors

Will include Stephen L.Griffeth, Diana L.Smith, and other guest lectures. All instructors are Certified Hypnotherapist will extensive training.

Directors

Stephen L. Griffeth is the Executive Director and Diana L. Smith is the Director of Training for Midwest Hypnosis Institute.

Application Fee

A non-refundable application fee of \$50.00 is to be included with all applications to Midwest Hypnosis Institute. Upon acceptance of your application and admissions to Midwest Hypnosis Institute, the student will be notified of acceptance into the program.

Tuition

Basic Course	\$697.00
Intermediate Course	\$697.00
Advanced Course	\$697.00

Discount – Fifty Dollars (\$50.00) if paid 30 days before the beginning of class

You will also receive the following as part of your tuition package:

- All required textbooks
- Training Manuals
- Marketing and Sales Tools
- Scripts
- Much more!

Federal Government Rules and Regulations

Tax Deductions

An income tax deduction is allowed for educational expenses (including tuition, travel, meals and lodging) undertaken to maintain and improve professional skill-Treasury Regulation 11625

The Hypnotherapist

The Dictionary of Occupational Titles (D.O.T.), published by the United States Department of Labor, defines occupations and assigns identification numbers to each occupation. This publication is recognized and utilized by Federal and State agencies including the Department of Education, Employment Development and Unemployment Insurance agencies. It is also utilized by U.S. Colleges and Universities for career guidance and counseling. 079.157-070-Hypnotherapist “induces hypnotic state in client to increase motivation or alter behavior patterns. Prepare client to enter hypnotic state by explaining how hypnosis works and what client will experience. Tests subject to determine degrees of physical and emotional suggestibility. Induces hypnotic state in client using individualized methods and techniques of hypnosis based on interpretation of test results and analysis of client’s problem. May train client in self-hypnosis conditioning.”

Additional Education Available

After completing the Hypnotherapy courses described in this catalog, the student is fully qualified to bad a professional Hypnotherapist and may immediately begin practicing as such. However, additional education is available for the student who is interested in further knowledge and enhance professional status. Midwest Hypnosis Institute offers periodic continuing educations seminars (CEU’s) for Hypnotherapists and other professionals.

Course Content

Basic Curriculum

History of Hypnosis
Suggestibility Testing
Group Participation & Practice
Principles of suggestion
Psychology of Hypnosis
Pre-Induction Talk
Relaxation/Stress Management
Hypnosis in Business, Sports, Medicine and Health
Directed Independent Study

Induction Methods
Guided Imagery
Group Hypnosis
Weight Loss
Smoking Cessation
Formulating Suggestions
Self Hypnosis
Setting up Practice
Review & Exam

Intermediate Curriculum

Advanced Methods
Rapid Inductions
Age Regression
Hypnotherapy
Dreams & Meaning
Catalepsy/Esdalie
Visual Hallucination
Introduction to NLP
Medical/Dental Hypnosis
Directed Independent Study

Waking Hypnosis
Hickman Method
Amnesia & Surgery
Somnambulism
Post Hypnotic Suggestion
Hypno-sleep
Glove Anesthesia & Dentistry
Stage Hypnosis
Oral & Written Exam
The Elman Method

Advanced Curriculum

Fundamentals of Hypnoanalysis
Basic Communication Type
Initial Comprehensive Intake
Word Association in Hypnosis
Dream Analysis in Hypnosis
Hypnoanalysis goals in therapy
Subconscious Motivation of Health
Regression Therapy
The Bryan Method

Subconscious Order of Importance
The 7 "R's" of Hypnotherapy
Sexual Disorders
Theology of Hypnoanalysis
Techniques for Release
Demonstration and Practicum
Subconscious Motivation of Disease
Client Time Line
The Ericksonian Method

**Midwest Hypnosis Institute
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2005 Schedule of Training Courses

Title	Dates
Basic/SelfHypnosis	February 26,27 March 5,6 April 23,24,29,30 June 18,19,25,26

Intermediate and Advanced Courses open to those that qualify and meet the basic requirements. Call for further information.

Registration Deadline is two weeks prior to beginning of class

**Seating Limited – Financing Available-
Register NOW !!!**